

# MONTCALM COUNTY SENIOR NEWS



The Commission on Aging is dedicated to promoting active participation among seniors within their communities, addressing feeling of isolation, and fostering a sense of belonging and connection. We would like to inform our senior community that our facility is open from Monday to Friday, 8 AM to 4 PM, with the exception of designated closure days. Our center is truly their center! Seniors are always invited to come by for coffee, cocoa, or tea. It serves as a complimentary space for socializing and enjoying card or board games. There is no need for a special event to visit us.



**CLOSED**

All Montcalm COA Locations

**February 16<sup>th</sup>**

**PRESIDENT'S DAY**

**DONATIONS NEEDED**

THE COMMISSION ON AGING IS IN NEED OF

- \*ADULT PULL-UP BRIEFS IN ALL SIZES
- \*COMMODOES
- \*TOILET RISERS
- \*SHOWER BENCHES

DONATIONS MAY BE DROPPED OFF AT ANY OF OUR COA LOCATIONS IN STANTON, CARSON CITY, EDMORE, HOWARD CITY, & GREENVILLE

PLEASE CONTACT US WITH ANY QUESTIONS 989-831-7478

**IMPORTANT MEAL PRICING INFORMATION**

Due to the rising costs of groceries, we want to inform everyone that starting **March 1, 2026**, the suggested donation for those aged 60 and older will be increased to \$3.50, while individuals under 60 will have a cost of \$7.00. We sincerely appreciate your understanding as we make this necessary adjustment.



**Income Tax help by AARP Foundation**

**TAXES TAXES TAXES**

Free Tax Help for low and moderate income taxpayers, with special attention to those age 60 and older.

Starting Wednesday February 4, through Monday, April 13.

**Continue to page 8 for full detailed information.**

Will Punxsutawney Phil see his shadow??

**Ready for a day trip?**

We have one planned for February! Check out page 7 for more details.

We would love to have your “HEART BURN”

**February 24<sup>th</sup> @ 11am**

**The Stanton CoA will be hosting a CHILI COOK-OFF**

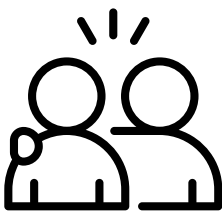
**\*Everyone Welcome!!**

Please Check Out Page 7 of the paper for more information or contact Kari McCracken 989-831-7454

# See What's Happening at Your Local Center

STANTON, CARSON CITY, EDMORE,  
GREENVILLE, & HOWARD CITY

**Meal Site Cancellations and Closings**  
During the school year, meals may be canceled due to poor weather conditions. If the Central Montcalm Public Schools are closed due to bad weather, meals will not be served that Day.  
\*Meals are not served on Federal Holidays



**FOOD WITH FRIENDS MEALS**  
ARE SERVED MON THROUGH THURS AT 12 PM  
FOR SENIORS 60 AND OVER A \$3.00 SUGGESTED DONATION, UNDER 60 IS A \$6.50 CHARGE



**MEAL SITE PARTICIPATION GUIDELINES**  
TO HELP ENSURE ENOUGH OF THE ADVERTISED MEALS ARE ORDERED, PLEASE SIGN UP ON THE SHEETS PROVIDED AT THE MEAL SITE OR BY CALLING THE COA BY NOON A WEEK IN ADVANCE. PLEASE CLARIFY IF YOU PREFER A TO-GO OR DINE IN.  
989-831-7476  
OPTION 1

**SIGN UP**

**GREENVILLE SERVED ON WED & THURS FRIDAY THE WEEK PRIOR**  
**HOWARD CITY SERVED MON - THURS MONDAY THE WEEK PRIOR**  
**CARSON CITY SERVED TUES & THURS MONDAY THE WEEK PRIOR**  
**EDMORE SERVED MONDAYS FRIDAY THE WEEK PRIOR**



**BIRTHDAY CELEBRATIONS**

**HOWARD CITY 4TH THURSDAY OF THE MONTH**  
**GREENVILLE 2ND THURSDAY OF THE MONTH**  
**CARSON CITY 2ND TUESDAY OF THE MONTH**  
**EDMORE 2ND MONDAY OF THE MONTH**  
**STANTON 2ND TUESDAY OF THE MONTH**



## Meal Site Menus

Dine in begins at 12 pm for all meal sites

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2/2/2026	2/3/2026	2/4/2026	2/5/2026
HAMBURGER TATER TOTS CARROTS APPLESAUCE	CHICKEN SALAD SANDWICH BROCCOLI CHEESE SOUP PICKLED BEETS FRUIT COBBLER	BEEF STROGANOFF PRINCE CHARLES BLEND GRAPES ROLL	CHICKEN FIESTA RICE CAULIFLOWER BANANA
2/9/2026	2/10/2026	2/11/2026	2/12/2026
BBQ CHICKEN CHEEESY POTATOES CAPRI VEG BLEND CORNBREAD APPLESAUCE	SPAGHETTI BROCCOLI GARLIC TOAST ORANGE	GRILLED CHEESE TOMATO SOUP SALAD FRUIT CUP	TACOS REFRIED BEANS BANANAS
2/16/2026	2/17/2026	2/18/2026	2/19/2026
CLOSED  PRESIDENTS' DAY	PULLED PORK SANDWICH COLESLAW BAKED BEANS FRUIT CRISP	VEGGIE LASANGA SALAD GARLIC TOAST BANANA	SALISBURY STEAK MASHED POTATOES GLAZED CARROTS ROLL ORANGE
2/23/2026	2/24/2026	2/25/2026	2/26/2026
BEEF & BEAN BURRITO SWEET CORN FIESTA RICE ORANGE	HERB ROASTED CHICKEN MALIBU BLEND ROLL GRAPES	GRILLED CHICKEN SANDWICH POTATO SALAD BANANA	POT ROAST MASHED POTATOES GLAZED CARROTS ROLL APPLESAUCE



# See What's Happening at Your Local Center

## Greenville Area Senior Citizens Center

715 S. Baldwin, Greenville



FOOD WITH FRIENDS MEALS  
SERVED ON WED & THURS AT  
12PM

Meal Site Hostess  
Diana Farran  
Call 616-894-2255  
for meal reservations or  
cancelations

MARCIA'S PENNY BINGO

SPONSORED BY:  
MONTCALM COMMISSION ON AGING

10AM-11:30AM  
EVERY WEDNESDAY

BINGO				

MUSIC

EVERY THURSDAY 11A-12P



The Center is also available for  
private party's or event rentals.  
Call the Center at 616-754-1658  
for more information on private  
rentals.



### Greenville Stamp Club

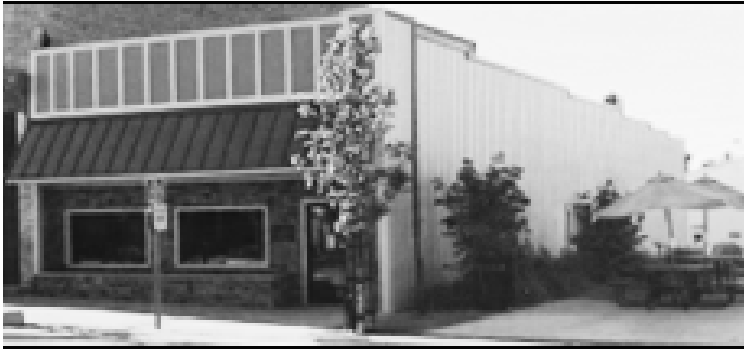
Contact: Mr. Randy Kerr  
Phone: (616) 894-2362  
Email: musicman\_1935@hotmail.com

Meeting Location: Flat River Library  
200 W. Judd Street  
Greenville, MI 48838  
Meeting Time:  
1st & 3rd Saturday at 10:00 am

## Howard City Action Center

132 E. Edgerton St., Howard City  
Open 5 days a week

Food with Friends  
Served Mon through Thurs at 12 pm  
Provided through  
Montcalm County COA  
(Lunch Only)  
For seniors 60 and over  
a \$3.00 suggested donation  
& under 60 is a \$6.50 charge.



The Center is available for private  
& event rentals. Call Dee at  
231-937-5504.

MEMBERSHIP OPEN TO AGES 50 +

Fridays   
Music from 9 am–3 pm

We have walkers, adult protective  
undergarments, and other items  
available to anyone in need.

Blood Pressure Checks  
Every Friday from 9am to noon



Site Hostess  
Karen West  
Call 616-890-4542  
for reservations or  
questions

Penny Bingo Every  
Tuesday & Thursday  
after lunch



Every 2nd Saturday  
of every month at 10 am Craft  
Day at Tamarack Creek Apts  
The community room

POTLUCK BIRTHDAY CELEBRATION  
HELD THE 4TH FRIDAY OF THE MONTH

\$2 DONATION FOR A POTLUCK WITH A  
DISH TO PASS

\$4 DONATION WITHOUT A DISH TO PASS

## EDMORE

### MEAL SITE

Curtis Community Center,  
209 W. Sheldon St.,



Do to unforeseen circumstances,  
the Edmore meal site (Curtis Community Center)  
will be closed through at least January 2026.  
Please watch for updates in our paper and  
social media.  
Thank you!



Site Hostess  
Jane Hagen  
Call  
989-831-7476  
Option 1  
for reservations or  
questions



Site Hostess  
Mary Miller  
Call  
989-831-7476  
Option 1  
for reservations or  
questions



United Methodist Church,  
119 E. Elm St., Carson City

Skip-Bo every Tuesday  
11: 00am & 12:30pm

Skip-Bo every Thursday  
11:00am

Bingo every Thursday  
12:30pm



Lost & Forgotten Places  
in Ionia County  
Presentation

2 part series  
February 12<sup>th</sup> & February 19<sup>th</sup>  
10:30a-11:45a

Presented by Dana Johnson  
cost is \$3 per person



Food with Friends meals are served on  
Tues & Thurs at 12pm

News & Notes  
from around the county

**ALZHEIMER'S ASSOCIATION®**

Alzheimer's Association  
Michigan

Montcalm County Commission on Aging  
613 N. State St.  
Stanton, MI 48888

Pamela Shock  
989-831-7479  
pshock@montcalm.us

Visit [www.alz.org](http://www.alz.org) to learn more about caregiver programs and resources. To further extend your network of support visit ALZ connected, our online community, at [alzconnected.org](http://alzconnected.org).

**Caregivers Support Group**

1st Thursday of the month  
1:00 p.m. - 2:00 p.m.

Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs, and concerns.
- Learn about community resources.

**THE MONTCALM AREA PARKINSON'S SUPPORT GROUP**  
(Member, Michigan Parkinson's Foundation)

**Offers an opportunity for those dealing with Parkinson's Disease either as the person with Parkinson's symptoms and/or as their caregiver, living in the Montcalm, Mecosta, Ionia and North Kent County areas to meet with others experiencing Parkinson's multitude of daily challenges.**

Join us the Third Thursday of the month  
At 11:00 AM  
Meeting at the 1<sup>st</sup> United Methodist Church  
204 W. Cass St., Greenville, MI  
For further information, call 616-334-4084  
Or email: [montcalmparkinsons@gmail.com](mailto:montcalmparkinsons@gmail.com)

Sheridan VFW Post

209 Washington St, Sheridan  
MI 48884  
989-291-9680

1st Saturday of the month-  
Swiss Steak Supper 4-6pm  
\$13 Adults  
\$6 Children 5-12

Euchre- Every Monday at 6pm  
BINGO Tuesday & Friday  
Early birds begins at 6pm

Stanton American Legion

Taco Tuesday  
Burgers Wednesday  
1st Friday of the month Fish  
2nd Friday of the month Steak  
3rd Friday of the month Rib  
Nite  
4th Friday of the month Swiss  
Steak

Please refer to American  
Legion 452 Stanton Facebook  
or call (989) 831-4114 for more  
details and prices.

Edmore VFW

Baked and Fried  
Chicken Supper every  
3rd Wednesday, 4-6 pm  
Adults \$12  
Children 5-12 \$5  
4 and under Free

BINGO  
Monday 6:15 pm. Early  
Birds  
Regular BINGO 7 pm

EDMORE MASONIC  
PANCAKE BREAKFAST

ALL YOU CAN EAT!  
2ND SUNDAY OF THE MONTH  
8AM-1PM  
\$10/ADULTS, \$5/ 6-12Y/O,  
FREE 5Y/O & UNDER  
524 E FORREST ST, EDMORE





# Stanton Commission on Aging Lunches

## Meal Site Cancellations and Closings

During the school year, meals may be canceled due to poor weather conditions. If the Central Montcalm Public Schools are closed due to bad weather, meals will not be served that Day.

**\*Meals are not served on Federal Holidays**

## MEAL SITE

### PARTICIPATION GUIDELINES

TO HELP ENSURE ENOUGH OF THE ADVERTISED MEALS ARE ORDERED, PLEASE SIGN UP ON THE SHEETS PROVIDED AT THE MEAL SITE OR BY CALLING THE COA BY NOON ON THE FRIDAY BEFORE. PLEASE CLARIFY IF YOU PREFER A TO-GO OR DINE IN.

989-831-7476

OPTION 1



Site Hostess  
Angela  
Vandenburg  
Call 989-831-7476  
opt 1  
for reservations or  
questions



The Stanton Commission on Aging invites everyone to come in and enjoy coffee, tea, hot cocoa, & a relaxing start to your day. We will provide your morning beverage and snack Free of charge! We will have newspapers, the morning news on the t.v., and a friendly atmosphere. So, grab a friend, family member, or just yourself and rise and shine with us!

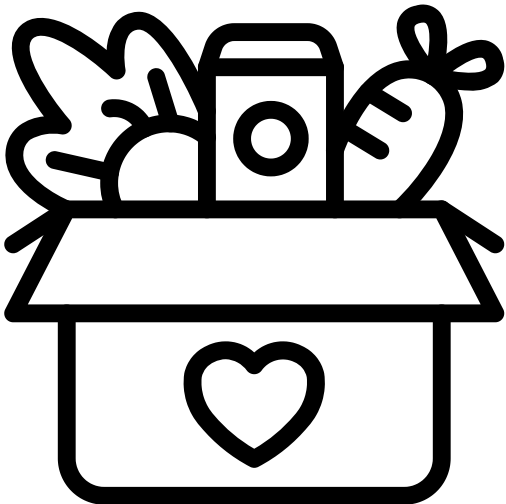
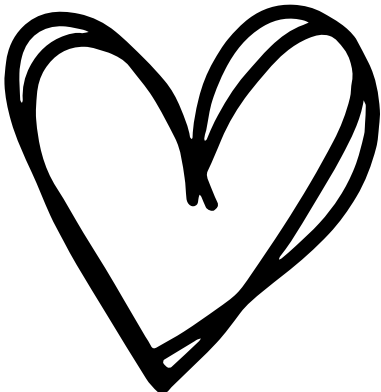
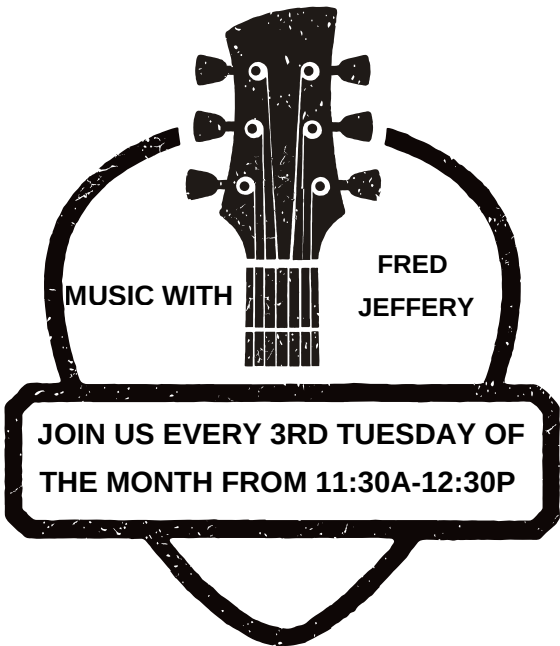
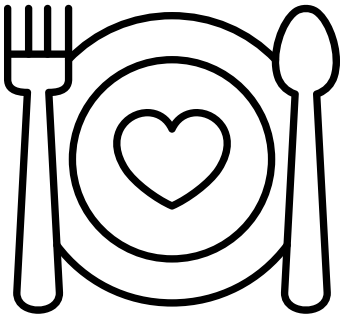


Every Monday, Wednesday,  
and Friday 8:30a-10:30a

## Stanton February Meal Site Menu

Dine In Starts at 12pm




- 3rd Bean Soup, Salad Bar, & Fruit
- 5th Chicken Strips, Waffle Fries, & Fruit
- 10th Chicken Noodle Soup, Salad Bar, & Fruit
- 12th Hot Dog, French Fries, & Fruit
- 17th Vegetable Beef Soup, Salad Bar, & Fruit
- 19th Meat Loaf, Potatoes, Corn, & Fruit
- 23rd Potato Soup, Salad Bar, & Fruit
- 26th Hamburger, Tator Tots, Green Beans, & Fruit



Stanton CoA

February

Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div></div> <div>OPEN WALK AT MCC</div> <div>8:30A-10:30A MORNING MUG</div> <div>11A EXERCISE WITH SCH</div>	<div>3</div> <div>10A PENNY BINGO - CALLED BY CHRISTENSEN FUNERAL SERVICES</div> <div>12P MEAL</div> <div>1P HAND DIP</div>	<div>4</div> <div>8A-4P TAX APPTS</div> <div>8:30-10:30AM MORNING MUG</div> <div>10:30AM SENIOR YOGA</div> <div>1P-3P YARN GROUP</div>	<div>5</div> <div>12P HOT MEAL</div>	<div>6</div> <div>8:30A-10:30A MORNING MUG</div> <div>1P GAME DAY</div>
<div>9</div> <div>8A-4P TAX APPTS</div> <div>OPEN WALK AT MCC</div> <div>8:30A-10:30A MORNING MUG</div>	<div>10</div> <div>10A PENNY BINGO</div> <div>10A FOOT CLINIC</div> <div>12P MEAL</div> <div>1P HAND DIP</div>	<div>11</div> <div>8A-4P TAX APPTS</div> <div>8:30-10:30AM MORNING MUG</div> <div>10:30AM SENIOR YOGA</div> <div>1P-3P YARN GROUP</div>	<div>12</div> <div>12P HOT MEAL</div>	<div>13</div> <div>8:30A-10:30A MORNING MUG</div> <div>10:30A CRAFTY CORNER</div> <div>1P GAME DAY</div>
<div>16</div> <div>CLOSED</div> <div></div> <div>PRESIDENT'S DAY</div>	<div>17</div> <div>10A PENNY BINGO</div> <div>12P MEAL</div> <div>1P HAND DIP</div>	<div>18</div> <div>8A-4P TAX APPTS</div> <div>8:30-10:30AM MORNING MUG</div> <div>10:30AM SENIOR YOGA</div> <div>1P-3P YARN GROUP</div>	<div>19</div> <div>10A PRIZE POT BINGO</div> <div>12P HOT MEAL</div>	<div>20</div> <div>8:30A-10:30A MORNING MUG</div> <div>1P GAME DAY</div> <div>10:00A OUTING TO HORROCKS MARKET</div>
<div>23</div> <div>8A-4P TAX APPTS</div> <div>OPEN WALK AT MCC</div> <div>8:30A-10:30A MORNING MUG</div>	<div>24</div> <div>10A PENNY BINGO - CALLED BY SENIOR LIFE SOLUTIONS</div>	<div>25</div> <div>8A-4P TAX APPTS</div> <div>8:30-10:30AM MORNING MUG</div> <div>10:30AM SENIOR YOGA</div> <div>1P-3P YARN GROUP</div>	<div>26</div> <div>12P HOT MEAL</div>	<div>27</div> <div>8:30A-10:30A MORNING MUG</div> <div>11A CHILI COOK-OFF</div> <div></div> <div>1P GAME DAY</div>



PRIZE POT

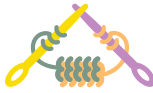
FEB. 19TH AT 10AM

PLEASE SIGN UP BY  
FEBRUARY 17<sup>TH</sup>

\$4

Call Kari  
989-831-7454

\*Starting in March\*  
The price for  
Prize Pot Bingo  
will increase to  
\$5/per person



Stanton CoA Yarn Stitch Group

Please join us at the CoA in Stanton on  
Wednesdays at 1 pm-3:00 pm.

\*\*Yarn and Monetary Donations are  
always welcome and needed.



Game Day

Friday's at 1 pm



Bring a friend or family and  
enjoy some time together  
playing games.

We have:

Chess, Dominos, Skip-Bo,  
Uno, Yahtzee, & Cards.  
Wii games: bowling, golf, tennis, &  
baseball

\$5  
per person  
per session



Senior Yoga

Wednesdays at 10:30am

As an alternative when Miss Donna is  
off you can always join in Chair Yoga at  
The Barefoot Dragon  
barefootdragonyoga.com  
210 S Main St, Sheridan, MI 48884  
(616) 238-5060



\*The first and third Monday  
of the month.  
11 am-12 pm  
Stretch and Balance  
with Sheridan Hospital  
\*Free of Charge

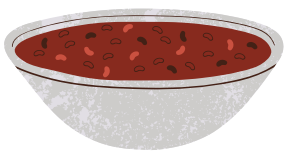
Every Monday from 11 am-12 pm  
Free walking at MCC



Montcalm Community College



ADDITIONAL NEWS AND INFORMATION



Chili Cook-Off



Friday February 27<sup>th</sup> at 11am

🌶️ You're Invited to the Stanton CoA Chili Cook-Off! 🌶️

Think your chili has what it takes? Join us for a fun and flavorful red chili cook-off at the Stanton CoA!

Details:

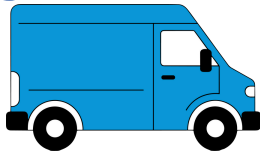
- 🍲 10 open spots for chili entries
- 📝 Sign up by February 23rd
- 🏆 Awards for 1st, 2nd, and 3rd place
- 👥 All are welcome to sample and vote!

Bring your best recipe, taste some great chili, and help us crown the champion.

We can't wait to see you there!

Contact Kari M. 989-831-7454 for sign up and/or questions

Day Outing



- \*9:45am Meet at the CoA
- \*10:00am Leave CoA & head to Horrocks in Lansing.
- \*2pm Head back to the CoA



HORROCKS FARM MARKET

February 20<sup>th</sup>

Cost \$5.00 per person plus your spending money

\*\*Space is limited.

Please sign up by Feb. 17th.  
Seats are first come first serve  
Contact Kari M 989-831-7454



**OnStride  
Foot Clinic**  
at the Stanton CoA  
**Feb. 10<sup>th</sup>**  
10 am-12 pm  
\$25 For Seniors  
\$20 For Veterans

CRAFTY CORNER AT STANTON COA

**\$7**  
PER PERSON

**Feb. 13<sup>th</sup>**  
**at 10:30a**

ALL SUPPLIES ARE INCLUDED  
CALL KARI BY  
TO SIGN UP FEB. 11TH  
989-831-7454

Cookies in a jar





Homeowner Rehabilitation Grant

Receive up to \$10,000

Eligible Projects

- Exterior**

  - Roofs
  - Siding
  - Doors
  - Stairs
  - Accessibility improvements
- Interior**

  - Furnace
  - Hot water heater
  - Improvements to mitigate health/safety concerns
  - Accessibility improvements

Deadline to Apply

Applications will be accepted in the order they are received until funds are exhausted.

Income Limit

Household Size	1	2	3	4	5	6	7	8
80 % AMI Income Limit	46,000	52,600	59,150	65,700	71,000	76,250	81,500	86,750

Apply TODAY!

Applications are available at City Hall 225 S Camburn St. Stanton, MI  
Contact City Manager Rachael Coffey with any questions  
rcoffey@stantononline.com or (989) 831-4440



Income Tax help  
by AARP Foundation



AARP Foundation Tax-Aide will be offering Free Tax Help for low and moderate income taxpayers, with special attention to those age 60 and older.

Starting Wednesday February 4, through Monday, April 13. IRS approved trained volunteers will be assisting taxpayers at the Montcalm Co Commission on Aging, 613 N State Street, most Mondays and Wednesdays, 9AM to 2:30.

A limited days of appointments will be available at the Flat River Library, in Greenville and also a limited amount of appointments at Reynolds Township Library in Howard City.

Montcalm County area taxpayers may call for an appointment after January 23rd, COA 9809.831.7476, option 2, and ask for the alternate locations if needed.

To prevent delays, please come prepared with any of the following that may apply to your return.

- \*Drivers license or other legal picture ID and Social Security cards for everyone on your return.
- \*New: All requests for paper refunds will face long delays, so please bring a canceled check or other banking information for direct deposit.
- \*Copy of 2024 tax US and Michigan tax or credit returns
- \*For Michigan Home Heating Credit, please bring your bill or receipts dated Nov 1, 2024 through Oct 31, 2025. \*Michigan Homestead Property Tax Credit for homeowners and renters require both the summer and winter tax bills dated 2025.
- \*For either credit, bring Health Insurance bills showing what you paid, including medical portion of your vehicle PIP unless you don't carry that coverage.
- \*W2 forms from all employers, and also forms NEC and MISC Income.
- \*SSA 1099 form showing Social Security benefits.
- \*1099 R form for distributions from pensions, annuity's and IRA withdrawals
- \*All 1099 forms (1099INT, 1099DIV, 1099B, etc.), showing interest or dividends or any documentation showing original price of assets sold.
- \*All forms indicating tax withheld or income reporting such as W-2G or IRA form 5498.
- \*Dependent care deduction requires provider name, employer ID, etc.
- \*Form 1095 A if you or your family received Marketplace Health Insurance.

\*IF you think you may be able to itemize deductions, bring receipts or canceled checks. \*For Prior Years or Amended Returns, or Homestead Credit Filing, or more complicated returns may require longer or additional appointments. Please mention when calling and bring the last year a return was filed. \*All taxpayers will be asked to fill out an Interview booklet to help us better serve you. Please ask if you would like this mailed to you when making your appointment.



# Drums Alive Classes Begin March 2026

Experience the transformative power of cognition, drumming, movement, music, and rhythm!

Classes Start March 6th, 2026

- Class Schedule: Every Friday
- Time: 10:00–11:00 AM
- Instructors: Certified Drums Alive instructors Kari and Erika
- Availability: Limited to 10 participants
- Cost: \$5.00 per person, per class
- Equipment: Equipment is available, but participants may bring their own equipment if desired
- RSVP: one week prior to each class to make sure enough equipment is available.  
Spots are limited!



Reserve Your Spot:  
Call 989-831-7454

Email [kmccracken@montcalm.us](mailto:kmccracken@montcalm.us) or [elance@montcalm.us](mailto:elance@montcalm.us)

Here are some iconic love songs from the 1950s, 1960s, and 1970s.  
Can you match the song with the singer?

- 1)"At Last"
- 2)"My Girl"
- 3)"Your Song"
- 4)"Crazy" –
- 5)"Close To You"
- 6)"God Only Knows"
- 7)"Unchained Melody"
- 8)"When a Man Loves a Woman"
- 9)"Something"
- 10)"Hold Me, Thrill Me, Kiss Me"
- 11)"Tupelo Honey"
- 12)"I Will Always Love You"
- 13)"You Are So Beautiful"
- 14)"Ain’t No Mountain High Enough"
- 15)"The First Time Ever I Saw Your Face"
- 16)"Can’t Help Falling in Love"
- 17)"Let’s Stay Together"
- 18)"Wonderful Tonight"
- 19)"(You Make Me Feel Like a) Natural Woman"
- 20)"Stand by Me"

Elton John
The Beach Boys
The Beatles
Dolly Parton
Roberta Flack
Eric Clapton
Etta James
Patsy Cline
The Righteous Brothers
Mel Carter
Joe Cocker
Elvis Presley
Aretha Franklin
Marvin Gaye and Tammi Terrell
The Carpenters
Percy Sledge
The Temptations
Al Green
Ben E. King
Van Morrison

ANSWER  
KEY

LOCATED AT THE BOTTOM OF PAGE 10





Local

LIBRARY

News



REYNOLDS TOWNSHIP LIBRARY

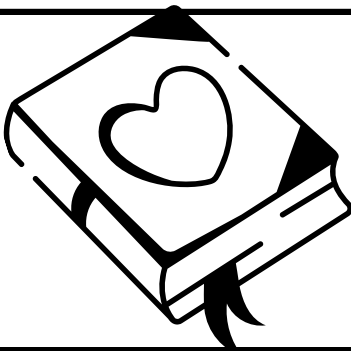
117 W. WILLIAMS ST.  
HOWARD CITY, MI 49329  
PHONE: 231-937-5575

Mon, Wed, & Fri @ 8:30am Walk the stacks

Tuesdays @ 6pm Line Dancing

Tuesdays @ 9:15am Chair Yoga

Thursdays @ 1pm Knitting & Crocheting Club



Crystal Community Library

101 N Main St, Crystal, MI 48818  
(989) 235-6111

- 1.) Movie and Popcorn -- Wedensday Feb. 11, 2026 at 3 p.m.
- 2.) Winter Book Club --Tuesday, Feb 17, 2026 at 1 p.m.
- 3.) Estate Planning --Wed. Feb. 18, 2026 at 1 p.m.
- 4.) Crystal Annual Winterfest ---  
Saturday Feb. 21, 2026 all day and for everyone.  
(at the library:  
"Drop-in-story", edible craft, prizes, hot cocoa and more)
- 5.) Learn to Paint -- Wednesday Feb. 25, 2026 at 4 p.m.
- 6.) Gentle Basic Chair Yoga with music ---  
Friday, Feb. 27, 2026 3:00 to 3:45 p.m.

FLAT RIVER COMMUNITY LIBRARY

200 W Judd St, Greenville 616-754-6359

- Digital Servies Assistance, Friday, February 6, from 10-11:30am
- Gentle Basic Yoga, Saturdays, February 7 & 21 at 11:15am
- Chair Yoga, Thursday, February 12, 11am
- Beginner Beekeeping, Thursday, February 19, at 6pm
- Craft-In Book Club, Thursday, February 26, at 6pm
- Chakra Connection, Saturday, February 28, at 11am

WHITE PINE DISTRICT LIBRARY

**\*\*Please pre-register for events**  
514 N New St, Stanton  
989-831-4327

February 4th, Wednesday – Cookbook Club (Tortilla Creations); 6pm

February 5th, Thursday – Advice on Your Device; 3-5pm

February 12th & 26th, Thursday – Fiber Friends; 1pm

February 14th, Saturday – Craft Day (String Art); 10am-12pm

February 18th, Wednesday – Book Club (“Love Lies Bleeding” by Susan Wittig Albert); 1pm

February 18th, Wednesday – Movie Night (“Bad Guys 2”); 6pm

February 19th, Thursday – Movie Morning; 11am

February 19th, Thursday – Chocolate, Coffee & Conversations; 1pm

February 20th, Friday – Movie Morning; 11:30am

February 25th, Wednesday – Homestead Event (Easy Dough, Round 2); 6pm

ANSWER KEY

- 1)"At Last" – Etta James
  - 2)"My Girl" – The Temptations
  - 3)"Your Song" – Elton John
  - 4)"Crazy" – Patsy Cline
  - 5)"Close To You" – The Carpenters
  - 6)"God Only Knows" – The Beach Boys
  - 7)"Unchained Melody" – The Righteous Brothers
  - 8)"When a Man Loves a Woman" – Percy Sledge
  - 9)"Something" – The Beatles
  - 10)"Hold Me, Thrill Me, Kiss Me" – Mel Carter
- 11)"Tupelo Honey" – Van Morrison
  - 12)"I Will Always Love You" – Dolly Parton
  - 13)"You Are So Beautiful" – Joe Cocker
  - 14)"Ain’t No Mountain High Enough" – Marvin Gaye and Tammi Terrell
  - 15)"The First Time Ever I Saw Your Face" – Roberta Flack
  - 16)"Can’t Help Falling in Love" – Elvis Presley
  - 17)"Let’s Stay Together" – Al Green
  - 18)"Wonderful Tonight" – Eric Clapton
  - 19)"(You Make Me Feel Like a) Natural Woman" - Aretha Franklin
  - 20)"Stand by Me" – Ben E. King



# Local Food Pantries

**\*ALPHA FAMILY CENTER**

705 N. Hillcrest St. Greenville, MI – 616-255-2265 for appointment

**\*BARRIE’S HOUSE FOOD & CLOTHES PANTRY**

8900 W. Colby Rd. Greenville, Mi – (former Turk Lake Methodist Church) – 616-255-9827 – Open from 11 AM to 3 PM Thursdays. Individuals/families can attend once per month for food, but clothing is available every week.

**\*BELDING FOOD PANTRY**

St Joseph’s Catholic Church 409 S. Bridge St. in Belding – 616-794-2145 – Open from 2 to 3 PM Thursdays except holidays. Available to anyone in need.

**\*BELDING FOOD PANTRY**

Ashley Baptist Church – 10463 Belding Rd in Belding – 616-794-3410 – Open by appointment only.

**\*BREAD OF LIFE FOOD PANTRY**

Greenville Community Church – 6596 Vining Rd in Greenville – 616-225-8055 or visit [www.bolpantry.org](http://www.bolpantry.org). hours are 10 AM to 1 PM Tuesdays & Thursdays. Individuals/families can attend once per month.

**\*GREENVILLE FOOD KITCHEN**

305 S. Clay St. in Greenville – 616-754-3163 – Serves take-out meals from 330 to 5 PM Tuesdays to anyone who comes through the door.

**\*HANDS OF JESUS FOOD PANTRY**

1220 N. Lafayette St in Greenville – 616-225-9999 – Open 11 AM to 4 PM Fridays. Must bring own boxes and baskets. Name, address, phone number and driver’s license required for service.

**\*HELPING HANDS FOOD PANTRY**

1105 Ensley St just south of Howard City – 231-937-5177 – Open Monday, Wednesday and Thursday, 10 AM to 2 PM for residents within the Tri County Area Schools district.

**\*HOPE’S PANTRY**

Hope Lutheran Church, 4741 W. Stanton Rd in Stanton – 989-831-5594 or 989-831-4462, Call to set up an appointment.

**\*LIFE CENTER**

Endeavor Center, 302 W. Main St in Edmore – 989-341-4695 to make an appointment – located in the northwest lower entrance of the Endeavor Center. Food pantry, clothing closet, and foster care pantry.

**\*CARSON CITY FOOD PANTRY**

St Mary’s Parish, 404 N. Division St in Carson City – 989-584-6044 or email [smsjchurch@cmsinter.net](mailto:smsjchurch@cmsinter.net) Hours are from 10 AM to Noon Tuesdays. Must be resident of the Carson City-Crystal Area Schools district and may come once a month for food. Valid picture ID with address required.

**\*CEDAR SPRINGS COMMUNITY FOOD PANTRY**

140 S. Main St. in Cedar Springs – 616-439-4665 – Monday to Thursday from 9 to 11 AM. Clients welcome one time per month with referral from North Kent Connect. Call 616-866-3478 to become a client.

**\*CHILDREN’S PANTRY**

Encounter Community Church 1213 W. State St in Belding – 616-794-5080 – Open second and fourth Thursday, 9 to 11 AM and 530 to 730 PM

**\*CRYSTAL LAKE COMMUNITY CHURCH**

122 S. Main St. in Crystal – 989-235-2522 – Hours are 9 AM to 11 AM Monday through Thursday.

**\*LAKEVIEW MINISTERIAL ASSOCIATION FOOD PANTRY**

Lakeview Community Church 8980 Howard City-Edmore Rd (M-46) in Lakeview – 989-352-7788 or [newlifeumc@cmsinter.net](mailto:newlifeumc@cmsinter.net) Open from noon to 3 PM Thursdays. Serving the Lakeview Community School district with identification.

**\*M-46 TABERNACLE FOOD PANTRY**

11098 E. Howard City-Edmore Rd (M-46) in Riverdale – 989-388-8926 – Open from 10 to 11 AM Tuesdays. Driver’s license required. Individuals/families can attend once per month.

**\*SHERIDAN ASSEMBLY OF GOD**

4010 S. Sheridan Rd in Sheridan – 616-799-2558 By appointment only.

**\*SHERIDAN COMMUNITY CARES**

113 S. Main St in Sheridan – 616-835-1286 – Open from 9 AM to 12 PM on second Fridays for residents of Montcalm County. Operated by Sheridan First Congregational Church and Sheridan Community Hospital.

**\*CROSSROADS COMPASSIONATE MINISTRY**


Church of the Nazarene – 10087 S. W. Greenville Rd in Greenville – 616-754-7605 – Hours are 4 to 6 PM. First and third Wednesdays

**\*FEEDING AMERICA AT FIRST CHURCH OF GOD**

101 s. Franklin St in Greenville – 616-754-3187 – Last Monday of the month starting at 430 PM for residents of Montcalm and Ionia Counties.

**\*FEEDING AMERICA BELDING**

850 Hall St, lower parking lot at Belding High School – 616-794-4900 – Open third Friday of the month from 330 to 530PM

 Call or text 616-824-3632 or email [jackymcgill@charter.net](mailto:jackymcgill@charter.net) – Open first Thursday of the month at 4:30 PM

**\*GREENVILLE AREA ECUMENICAL FOOD MISSION**

St. Paul Lutheran Church, 9844 SW Greenville Rd in Greenville – 616-754-6676 – Hours are 10 AM to Noon Tuesdays and 530 to 730 PM Wednesday. Serving the Greenville Public Schools district must bring two forms of identification.

**\*SHILOH COMMUNITY CHURCH**

8197 Heth St in Orleans – 616-761-3584 – Pre-register by calling, then pick up on Mondays, 11 AM to Noon. Individuals/families can attend once per month.

**\*ST CHARLES CATHOLIC CHURCH GOD’S COMMUNITY KITCHEN MEALS**

505 S. Lafayette St (use the Activities Building entrance off Benton Street) – 616-754-4194 – Serves take-out meals from 11 AM to Noon Saturdays.

**\*ST JOSEPH THURSDAY SUPPER**

St. Joseph church (gym/kitchen) 409 S. Bridge St in Belding – 616-754-2145 – Serves take-out meals from 4 to 5 PM on first and third Thursdays to anyone in need.

**\*TRINITY CHURCH**

415 N. Mill St. in Stanton – 989-831-5728 – Hours are 1030 AM to Noon, first and third Wednesdays. Serving Stanton, Sidney, McBride and Entrican. Individuals/families can attend once per month.

**FEEDING AMERICA STANTON**  
First Baptist Church  
134 N Lincoln St  
Stanton

<u>2026 schedule Stanton</u>	
Jan 8th	July 2nd
Feb 5th	Aug 6th
March 5th	Sept 3rd
April 2nd	Oct 1st
May 7th	Nov 5th
June 4th	Dec 3rd





# Employee Spotlight: Pamela Shock

This month, the Montcalm County Commission on Aging is proud to shine the spotlight on Pamela Shock, who celebrates 14 years of dedicated service with the CoA! Pam began her journey with the Commission on Aging as a Direct Service Aide, providing in-home care and support to clients. At the same time, she also helped in the Adult Day Program, where she assisted clients with engaging in daily activities with a special focus on those living with dementia and Alzheimer’s disease.

In 2016, Pamela was promoted to Meal Program Manager, where she oversaw Meals on Wheels routes, assisted in the kitchen, planned activities, and provided support throughout the senior center. Her leadership and organization skills shone again in 2019, when she became a Case Manager, conducting in-home assessments and reassessments for clients in the HDM, HMK, PC, and Respite programs across the county.

In 2022, Pamela took on the role of Direct Service Coordinator, managing schedules and care plans to ensure clients received the best in-home services possible. And in 2024, her hard work and deep understanding of the organization led her to her current position as Director of the Commission on Aging.

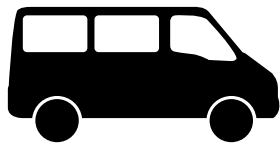
Pam’s journey through nearly every level of the Commission has given her a unique perspective and a well-rounded understanding of the care and coordination that goes into serving Montcalm County’s aging community. Her compassion, drive, and steady leadership inspire everyone around her.

We thank Pam for her passion, dedication, and genuine heart for helping others. Her commitment to our mission ensures that community members and their loved ones receive the care and support they deserve.

Thank you, Pam, for your years of service and for all that you do!

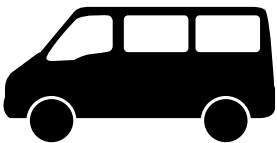
## Commission on Aging – Transportation Program

The Commission on Aging offers a transportation program with volunteer drivers to assist eligible seniors getting to their medical appointments. Drivers will pick you up at your home, take you to your appointment, and return you home afterward. Wheelchair-accessible transportation is also available.



### Eligibility

- Montcalm County residents
  - Age 60 and older
  - Must meet other program requirements
- Hours of Service
- Monday–Friday
  - 8:00 a.m. – 4:00 p.m.



### Important Information

- Transportation is based on volunteer availability.
- At least a 5-7 business day notice is needed for scheduling purposes.
- This service does not provide emergency transportation or trips to the emergency room or urgent care.
- Please have alternative transportation options available in case a volunteer is not available.



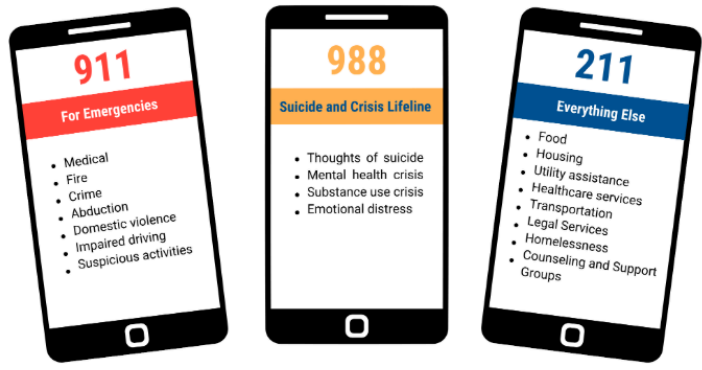
To Schedule a Ride: Call 989-831-7408

## We have many volunteer opportunities:

- Friendly Visitor
- Crafts Volunteer
- Yarn Stitching Volunteer



## Help is 3 Numbers Away



## AVAILABLE SERVICES

Montcalm County Commission on Aging  
989-831-7476

Congregate Meals, Home Delivered Meals/Meals on Wheels, Transportation/Wheelchair Transportation is available, Senior Center Activities, Special Events and Senior Trips, SHIP, Homemaker Services, Personal Care Services, Caregiver Respite Services, Friendly Visitor, Volunteer Opportunities, Caregiver Support Group

## CoA Phone Tree Menu

When you call 989-831-7476 you are presented with options to choose from. Here’s the list.

- Option 1- Meal Program-Carrie or Arletta
- Option 2–Office Assistant- Joanna
- Option 3 – Direct Services Coordinator– Jen
- Option 4 – Transportation and Volunteers– Erika
- Option 5 – Confidential Admin Assistant- Debbie

- Option 6 – Activities/Trips/Events- Kari
- Option 7 – Director- Pam
- Option 8-Case Management-Robert
- Option 0-Operator